

# Stewpot July 2023 Newsletter

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**Summer is here!!**

**A Special Thanks  
to Michael Dean  
Shelton for  
serving as the  
official photographer for the  
Stewpot and providing most of the  
photos in this newsletter.**



**Some Fun Photos from April**





## Some Fun Photos from June





# Stewpot Serves Chick-fil-A Chick Strips and Fruit to Stewpot Diners

The Stewpot diners were served a special treat on Wednesday, May 10. Chicken strips and fresh fruit were purchased from Chick-fil-A and served along with baked beans, chips and Pillsbury cinnamon cream cheese mini bagels for dessert.







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## Memorial Day Cookout

Stewpot prepared a **Special Taco Thursday** for Memorial Day on May 25th. Two beef tacos, baked beans, and Mexican rice were served along with Krispy Creme Bites for dessert. A mixture of lettuce, tomatoes and cheese was placed on each taco.





To see a short video of Taco Thursday,  
click on the video link below.

[Taco Thursday Video](#)

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**KARK Comes to the  
Stewpot**



Each year, on our parent company's birthday, Nexstar, stations across the country give back to their community in what we call, "Nexstar's Founder's Day of Caring." We get out into our community that we love and serve in many ways. This year, we enjoyed picking up litter, volunteering at the animal shelter, holding a book drive, and serving lunch to citizens of Little Rock at the Stewpot. At the Stewpot, our employees met lots of locals and loved seeing the work that takes place there.

**To See a video, click on the link below.**

**If video is muted, unmute for sound.**

**[KARK Video](#)**













## Fleet Feet Donates Shoes







Fleet Feet Shoe Store in the Pleasant Ridge Shopping Center recently donated four large boxes of slightly used shoes to the Stewpot. **Thank You Fleet Feet!!!**



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## Second Presbyterian Church Highlights the Stewpot

I (Diane Skinner) never imagined when I volunteered to develop a display on Stewpot for the Heritage Room at

Second Pres that I would have the good fortune to meet Charlie Frith and be able to use his newly published and richly illustrated history of Stewpot as the basis for the display. What a gift! Of course the challenge was what, from the many pages of history and photographs, should be included. So the display is titled, "Second Church and Stewpot 1976-2023: A Relay of Service". It features some of the members of Second Pres who have served or are serving in leadership roles. Most of the display, though, features the changes that Stewpot has made to stay true to its mission...."to feed whoever walks through our doors". The Second Pres members I know are thankful that the church supports this good work and that we have opportunities to contribute to Stewpot in numerous ways. We at Second Pres have changed since 1976, but the relay of service to Stewpot continues.



# Second Church and Stewpot 1976-2023

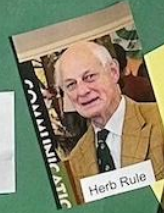
## A Relay of Service

Stewpot began in 1976 at First Presbyterian Church with a mission to Feed the Hungry – "Feed whoever walks through our doors". Open from 12 to 1 pm Monday through Friday for the homeless, jobless, elderly, physically or mentally disabled and displaced families in the Greater Little Rock area. Since then Stewpot has served over 1.5 million meals.



### Changes through the Years

Some of Stewpot from Se



Herb Rule



Ellen Russell



Campbell

### Communications

Website and Monthly Newsletter

### Services Expanded

Delivery of Meals  
From Dining Room to Sack Lunches  
with Periodic Special Meals



Books for Stewpot:  
In Need of a Coordinator



Expansion of the Clothes

100 Volunteers/Month



### Contributions

Little Rock Area Churches

Second Pres has been the largest financial contributor.

### Businesses

Channel 7 & Hangers Cl  
Kids for Coats  
Fleet Feet Shoes  
Bombas Socks & Unde  
Old Mill Bakery  
Boulevard Bread  
Little Caesars Pizz  
Sonic

Recipient of the  
Arkansas Gerontological  
Outstanding Volunteer Group  
Award in 2018



Charles Feltz, Carol Feltz, and Herb Rule

Please consider volunteering  
For more information or to  
volunteer, contact the  
Stewpot at:  
[stewpotlr@gmail.com](mailto:stewpotlr@gmail.com)



## Stewpot Receives Fresh

# Grapes and Produce

Stewpot recently received lots of fresh seedless red grapes and fresh produce boxes which included green peppers, cabbage, tomatoes, cucumbers, and butternut squash.

Because Stewpot is a valued TEFAP Partner we will now be receiving additional products through the Local Food Purchase Assistance Cooperative Agreement Program (LFPA), which is under USDA.

The Local Food Purchase Assistance Cooperative Agreement Program (LFPA) uses non-competitive cooperative agreements to provide up to \$900 million of American Rescue Plan (ARP) and Commodity Credit Corporation (CCC) funding for state, tribal and territorial governments to purchase foods produced within the state or within 400 miles of the delivery destination to help support local, regional, and underserved producers. This program's purpose is to maintain and improve food and agricultural supply chain resiliency. The cooperative agreements allow the states, tribes, and territories to procure and distribute local and regional foods and beverages that are healthy, nutritious, unique to their



geographic areas and that meet the needs of the population. The food will serve feeding programs, including food banks, schools and organizations that reach underserved communities. In addition to increasing local food consumption, the funds will help build and expand economic opportunities for local and underserved producers.

We are delighted to be able to offer fresh fruit and vegetables to our diners. These items have been in scarce supply at the Foodbank for many years. Often, they arrive in poor condition. This new program helps both the local farmers and the many people who are served by the Foodbank.



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## Stewpot Serves Watermelon to Stewpot Diners



On Thursday, July 20, the Stewpot Diners were served their usual bag lunch, but also a special treat of watermelon.. The watermelon was purchased from money provided by an anonymous donor.

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# Volunteers Needed!



Volunteers are always needed at the Stewpot. Volunteers typically help prepare sack lunches one day a month, i.e., a certain day of the month and usually work only once a month. There is nothing to preclude working more than once a month. Normal working times each day are from 9:00 am - 11:00 am. Volunteers help make sandwiches and whatever else is being served that day. Something hot, such as soup, stew, or wraps are served once or twice a week. Also, the items must be placed in paper bags which Jason and Yolanda carry down to the serving area. For special occasions, a hot meal is prepared and served downstairs rather than sack lunches. For these occasions, the regular team prepares the

food and a special team serves the food to the diners. The teams have fun and interact with each other as they volunteer at the Stewpot.

**Please consider volunteering**

**For more information or to  
volunteer, contact the  
Stewpot at:**

**[stewpotlr@gmail.com](mailto:stewpotlr@gmail.com)**

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**Clothes Closet**

*"I needed clothes and  
you clothed me."*

Matthew 25:38



# Clothes Closet Update

It is hot!!! And the Clothes Closet has been having more and more folks in need. We have had to increase the amount of time we are open. Donations have slowed, so I am asking for the following items that we really need:

**Ball caps**

**Men's athletic shoes**

**Men's jeans and docker type pants sizes 30 to 36**

**Travel size toothpaste, shampoo, lotion, soap.**

We do appreciate all that you do for the Clothes Closet!

Barbara



## Make a Donation to Stewpot

Stewpot's financial support comes from donations from churches and individuals. With food costs rising and our numbers increasing each month, we really need your financial support. Please help support the Stewpot. Make an online donation by clicking on Make a Donation below. When you click on Make a

Donation, you will have the option of making an online donation with either PayPal or a credit card.

[Make a Donation](#)

## Special Donation to Help Buy Bus Passes



For the last two years, an anonymous individual donated \$10,000 dollars to buy bus passes for Stewpot patrons. A 10-ride bus pass costs \$11.50 and can be used for 10 rides. Stewpot patrons are constantly asking if we are going to have more bus passes. Our current budget is completely allocated



for salaries and food and we do not have additional money to buy bus passes. If you would like to make a contribution toward bus passes, click on the Donation link above and make a donation. If you make a donation using a credit card or PayPal, you can designate it to be used for bus passes. If you send a check to the Stewpot, write Bus Passes in the Memo section.

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[<http://www.stewpot-littlerock.org/>]**

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